

Miguel Queiroz

Osteopath

(Diploma in Osteopathy)

I would like to thank you for visiting my site, for it shows the careful selection in treatments of Manual Therapy, highly qualified in primary healthcare and differential diagnostic.

I would like to point out that the information on this page shouldn't substitute a doctors appointment. A health professional's advice is advised.

The information displayed seeks to be a secure base of information for those who want to learn more about musculoskeletal dysfunctions, among others, and understand how osteopath treatments can correct dysfunctions and promote wellness, general health and structural body integrity.

For your information, I expose some of the exercises of my professional duty:

- **Graduated in Osteopathy ITS (Technical Health Institute),** Managed by the founder of Osteopathy in Portugal Dr. Borges de Sousa, with more than 30 years of experience and teaching in Oxford School of Osteopathy.
- **Post Graduate in Osteopathy, ISEC (Instituto Superior de Educação e Ciências),** with subjects: Radiological Clinic, Functional approach, Osteopathy in Sport, ATM, disc herniations, Shoulder Pain, Pediatric Osteopathy and Visceral. Composed of teachers recognized worldwide among others;

Dr. Jean Pierre Hyspa – Surgeon Doctor (Boulevard Jean Moulin University Marseille)

Osteopathy Professor (France and Italy)

Diploma in Pathology (Paris)

Master Dr. Carl Todd – Clinic Director and Consultant to the English National Football team and Chelsea FC, Osteopathy Consultant GB Basketball 2012 Olympics.

Academics: Oxford Brookes University, among others.

Dr. John Gibbons – creator of Bodymastery Ultimate, specialist in Sports Therapy and Clinical.

Boat Club Osteopath of Oxford University

Specialist in techniques of muscle energy, manipulation techniques, Nutrition and Physical Education.

- **Chiropractic – Vertebral Column Treatment**

DGERT Certificate, by

Dr. Marcelo Tenreiro – Chiropractic / Physiotherapist, Post graduate in Physiotherapy Trauma and Orthopaedic Functional and Acupuncture.

Invited Professor in

Post Graduate in: Maxillo-facial, dental and Implant Prosthesis

Valencia dental school.

Professor of Post graduates UGF/ Rio de Janeiro (discipline Resources Manual Therapeutic, teaching the subjects of TMD and chiropractic), among others.

- **Other Valencies / Training in Shiatsu**

Seitai (Japanese Chiropractic in manipulation of the vertebra)

Auxiliary Physiotherapy Technician

Functional Bandages' Application

Sports / Recuperation Massage

Reflexology

- **Osteopath of Pharmaceutical company (Roche), based in Amadora / Lisbon;
Elaboration of Osteopathy Consultations to the Employees of the Company – Roche, and their Relatives.**
- **Frequency of several Congresses, Conferences and training sessions in terms of: Osteopathy, Manual Therapy, Nutrition and Homeopathy, with the aim of continuing education**
- **Member of OSTEOPAT (Portuguese Association of Professionals Osteopathy).
FEOP - Federation of Osteopaths of Portugal.**

I exercise my practice in private clinics in Cascais, Parede, Paço de Arcos and Lisbon.

MQ Osteopathy works with a multidisciplinary team with various specialties in order to always get the most precise diagnosis. Professionals of Osteopathy, Chiropractic, Physiotherapy and Naturopathy / Homeopathy.